

NUTRITION AND AGING XXVI: NUTRITION IN CHRONIC DISEASE

SEPTEMBER 21-22, 2011

DoubleTree Hotel
424 West Markham
Little Rock, AR

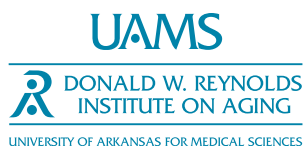
Jointly Sponsored by:



Geriatric Research Education and Clinical Center
Central Arkansas Veterans Healthcare System



Arkansas Geriatric Education Center



Donald W. Reynolds Institute on Aging
College of Medicine
University of Arkansas for Medical Sciences



Office of Continuing Medical Education
College of Medicine
University of Arkansas for Medical Sciences

NUTRITION AND AGING XXVI: NUTRITION IN CHRONIC DISEASE
SEPTEMBER 21-22, 2011
REGISTRATION FORM

Register on-line at <http://www.uams.edu/cmeregister>

or

Make checks payable to **UAMS CME** and return to:
UAMS Continuing Medical Education
4301 W. Markham # 525
Little Rock, Arkansas 72205-7199
PHONE: (501) 661-7962
FAX: (501) 661-7968

Credit Card Information

MasterCard VISA Discover AmEx

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Name: _____

MD DO PA RN APN RPh SW RD Rehab

NH Admin Speech/Path Other _____

Place of Work _____ City/State of VA Employed by _____

Street Address _____ (check if home address) _____

City/State/Zip _____ Telephone (Daytime) _____ SSN # XXXXX- _____

E-mail address _____

Non-VA Registration \$260

VA Employees \$160

Cancellation and request for refund must be received in writing. A \$25 administrative fee will be retained for cancellations postmarked on or before September 15, 2011. No refunds will be made for cancellations postmarked after September 15, 2011.

PRESENTED BY: Geriatric Research Education and Clinical Center (GRECC), Central Arkansas Veterans Healthcare System; Arkansas Geriatric Education Center (AGEC), Donald W. Reynolds Institute on Aging and the Office of Continuing Medical Education, College of Medicine, University of Arkansas for Medical Sciences.

TARGET AUDIENCE: Physicians in primary care, internal medicine, family medicine and geriatrics, dietitians, pharmacists, nurses and other healthcare professionals interested in nutrition in older adults.

COURSE OBJECTIVES: At the completion of this workshop, attendees should be able to:

- 1) Identify new perspectives on nutrition and chronic disease;
- 2) Discuss the various roles of nutrition in aging individuals who have chronic disease;
- 3) Describe the new research in the interactions among nutrition and various systemic conditions; and
- 4) Review the effect of some nutrition interventions to improve the management of chronic disease.

COURSE DESCRIPTION: This course will address some of the emerging topics in nutrition and chronic disease. Major conditions, including diabetes, cardiovascular disease, hypertension, dementia and depression, weight management, and caloric restriction, among others, will be explored. The purpose of this meeting is to examine some new issues and update some of the ongoing controversies that should be updated with research and current thinking.

ACCREDITATION: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Arkansas for Medical Sciences College of Medicine and Geriatric Research Education and Clinical Center (GRECC) at the Central Arkansas Veterans Healthcare System. The UAMS College of Medicine is accredited by the ACCME to provide continuing

medical education for physicians.

The UAMS College of Medicine designates this live activity for a maximum of 10.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity

Central Arkansas Veterans Healthcare System is an approved provider of continuing nursing education by Arkansas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Participation in this activity provides 10.5 contact hours of continuing nursing education credit.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending. Application for CEU's has also been made for dietitians, pharmacists, nursing home administrators and other disciplines.

DISCLOSURE POLICY: It is the policy of the University of Arkansas for Medical Sciences (UAMS) College of Medicine to ensure balance, independence, objectivity, and scientific rigor in all sponsored or jointly sponsored educational activities. All individuals who are in a position to control the content of the educational activity (course/activity directors, planning committee members, staff, teachers, or authors of CME) must disclose all relevant financial relationships they have with any commercial interest(s) as well as the nature of the relationship. Financial relationships of the individual's spouse or partner must also be disclosed, if the nature of the relationship could influence the objectivity of the individual in a position to control the content of the CME. The ACCME describes relevant financial relationships as those in any amount occurring within the past 12 months that create a conflict of interest. Individuals who refuse to disclose will be disqualified from participation in the development, management, presentation, or evaluation of the CME activity.

LOCATION: DoubleTree Hotel, 424 West Markham, Little Rock, AR

ACCOMMODATIONS: A block of rooms has been reserved at the DoubleTree Hotel for those participants wanting overnight accommodations on September 20-21, 2011 (room block reserved until 8/28/11). A special occupancy rate of \$88 is available if you identify yourself as a member of the "Nutrition & Aging" seminar. You may make reservations directly with the hotel by calling (501) 372-4371 or 1-800-222-TREE.

SPECIAL NEEDS

We are committed to making this CME activity accessible to all individuals. If you need auxiliary aid(s) or service(s) as identified in the Americans with Disabilities Act, or have a dietary restriction, please describe your needs on the registration form. Most requests can be accommodated if notification is received by September 7, 2011.

PLANNING COMMITTEE:

Ronni Chernoff, PhD, RD, Central Arkansas Veterans Healthcare System, AGECC
Kimberly Garner, MD, Central Arkansas Veterans Healthcare System
Kay Guthrie, AO, Central Arkansas Veterans Healthcare System
Melanie Adams, BSN, RN, Clinical Nursing Instructor, Central Arkansas Veterans Healthcare System
Dennis H. Sullivan, MD, Central Arkansas Veterans Healthcare System, UAMS

FEE:

\$260 Non-VA Registration Fee
\$160 VA Employees

COURSE CO-DIRECTORS

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SEPTEMBER 21-22, 2011**

SALON D

Wednesday, September 21

7:45 - 8:30 **Registration**

8:30 - 8:45 **Opening Remarks**
Ronni Chernoff, PhD/Dennis H. Sullivan, MD

8:45 - 9:30 **Cardiac Cachexia in Seniors**
Jeanne Y. Wei, MD, PhD

9:30 - 10:15 **Cholesterol-Lowering Therapy for Older Adults:
the Good, the Bad, and the Uncertain**
Daniel E. Forman, MD

10:15 - 10:30 **BREAK**

10:30 - 11:15 **Nutrition and Lung Diseases**
Nicolaas EP Deutz, MD, PhD

11:15 - 12:00 **Nutrition, Aging and Chronic Kidney Disease**
Joel D. Kopple, MD

12:00 - 1:15 **LUNCH – SALONS A, B, C**

1:15 - 2:00 **Opportunities and Challenges for Using Diet
for Cancer Prevention**
John A. Milner, PhD

2:00 - 2:45 **Vitamin D and Chronic Disease**
Dennis Sullivan, MD

2:45 - 3:00 **BREAK**

3:00 - 3:45 **Dietary Factors and Dementia**
José A. Luchsinger, MD, MPH

3:45-4:30 **Emotional Health and Appetite Among Older
Adults**
Nadine R. Sahyoun, PhD, RD

SALON D

Thursday, September 22

8:30-8:45 **Introductions and Announcements**
Ronni Chernoff, PhD, RD/Dennis Sullivan, MD

8:45 - 9:30 **Exercise, Cardiometabolic Fitness and Aging**
Andrew P. Goldberg, MD

9:30 - 10:15 **Weight Loss and Mortality in Older Adults:
Is Weight Loss Good or Bad?**
Christine G. Lee, MD, MS

10:15 - 10:45 **BREAK**

10:45 - 11:30 **The Effect of Home-Delivered MNT and DASH
Meals on Older Adults with Cardiovascular
Disease: Changes in Dietary Knowledge,
Changes in Diet, and Cost-Effectiveness**
Jennifer L. Troyer, PhD

11:30 - 12:15 **Goals of Glycemic Control in Frail Elders
with Diabetes**
Sei J. Lee, MD, MAS

12:15 - 1:30 **LUNCH** (on your own)

1:30 - 2:15 **Caloric Restriction and Bone Health**
Dennis T. Villareal, MD

2:15 - 3:00 **Challenges and Opportunities for Clinical
Interventions in the Aged**
Mary Ann Johnson, PhD, RD

3:00 **Adjourn**

**Continuing Medical Education
UAMS**

4301 W. Markham #525
Little Rock, Arkansas 72205-7199

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